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Monday 21<sup>st</sup> December 2020

### **Single positive Covid19 case reported today**

Dear Parents / carers,

This lunchtime I was advised by a parent that their Year 1 child has returned a positive COVID-19 test result. The school acted swiftly on this information and in keeping with Public Health guidelines is now informing parents of all members of the **Year 1 bubble** to enable the appropriate period of self-isolation to take place for their child. They can come out of the 10 day isolation on Sunday 27th December. Please remain vigilant to potential symptoms and continue to robustly adhere to the recommendations in place to help stop the spread of this pandemic.

Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

### **What to do if your child develops symptoms of COVID 19**

- If your child develops any symptoms of COVID-19, they should remain at home for at least 10 days from the date when their symptoms appeared. Anyone with symptoms will be eligible for testing and this can be arranged via <https://www.nhs.uk/ask-for-a-coronavirus-test> or by calling 119.
- All other household members who remain well must stay at home and not leave the house for 10 days.
- The 10-day period starts from the day when the first person in the house became ill.
- Household members should not go to work, school, nursery or public areas and exercise should be taken within the home.
- Household members staying at home for 10 days will greatly reduce the overall amount of infection the household could pass on to others in the community.
- If your child has symptoms, try and keep them as far away from other members of your household as possible. It is especially important that they stay away from anyone who is clinically vulnerable or clinically extremely vulnerable with whom you share a household.

### **A Reminder of Symptoms**

The most common symptoms of coronavirus (COVID-19) are recent onset of:

- new continuous cough and/or
- high temperature
- a loss of, or change in, normal sense of taste or smell (anosmia)

For most people, coronavirus (COVID-19) will be a mild illness.

If your child or anyone in the household does develop symptoms, you can seek advice from NHS 111 at <https://www.nhs.uk/conditions/coronavirus-covid-19/check-if-you-have-coronavirus-symptoms/> or by phoning 111.

### **How to stop COVID-19 spreading**

There are things you can do to help reduce the risk of you and anyone you live with getting ill with COVID-19

#### **Do**

- wash your hands with soap and water often – do this for at least 20 seconds
- use hand sanitiser gel if soap and water are not available
- wash your hands as soon as you get home
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards

#### **Further Information**

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Yours sincerely

Geoff Jeffrey (Headteacher)